

**HEALTH
AND WELLBEING BOARD**

ANNUAL REPORT

2017-18



**WOKINGHAM
BOROUGH COUNCIL**



Berkshire West

Clinical Commissioning Group



HEALTH AND WELLBEING BOARD

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Introduction

The Health and Wellbeing Board has recently completed its fifth year as a formal committee.

Under the Health and Social Care Act 2012 all upper tier local authorities were required to establish Health and Wellbeing Boards from April 2013. Health and Wellbeing Boards are forums where key representatives from health, social care and the community can work in partnership to reduce health inequalities locally and to improve the overall health and wellbeing of residents.

The membership of the Board for 2017-18 was as follows:

- Councillor Julian McGhee-Sumner (Chairman) (Executive Member for Health and Wellbeing), Wokingham Borough Council (WBC) (until February 2018)
- Councillor Richard Dolinski (Chairman) (Executive Member for Health and Wellbeing), Wokingham Borough Council (WBC) (from February 2018)
- Councillor Mark Ashwell (Executive Member for Children's Services)
- Councillor Charlotte Haitham Taylor (Leader of the Council, WBC)
- Councillor Ian Pittock, WBC
- Dr Johan Zylstra (Vice Chairman) (NHS Wokingham Clinical Commissioning Group) (until April 2018)
- Dr Debbie Milligan (NHS Wokingham Clinical Commissioning Group) (from April 2018)
- Dr Cathy Winfield (NHS Wokingham Clinical Commissioning Group)
- Katie Summers (NHS Wokingham Clinical Commissioning Group)
- Darrell Gale (Interim Strategic Director of Public Health for Berkshire)
- Paul Senior (Interim Director People Services, WBC)
- Nick Campbell-White (Healthwatch Wokingham Borough)
- Nikki Luffingham (NHS England, Thames Valley Area Team) (currently substituted by Kevin Johnson)
- Superintendent Shaun Virtue (Community Safety Partnership)
- Beverley Graves (Business, Skills and Enterprise Partnership) (until December 2017)
- Clare Rebbeck (Voluntary, Community and Faith Sector) and (Place and Community Partnership)

The membership for 2018-19 is as follows:

- Councillor Richard Dolinski (Executive Member for Health and Wellbeing), Wokingham Borough Council (WBC)
- Councillor Pauline Helliard Symons (Executive Member for Children's Services, WBC)
- Councillor Charlotte Haitham Taylor (Leader of the Council, WBC)

- Councillor David Hare, WBC
- Dr Debbie Milligan (NHS Berkshire West Clinical Commissioning Group)
- Dr Cathy Winfield (NHS Berkshire West Clinical Commissioning Group)
- Katie Summers (NHS Berkshire West Clinical Commissioning Group)
- Tessa Lindfield (Strategic Director of Public Health for Berkshire)
- Martin Sloan (Interim Director Adult Services, WBC)
- Lisa Humphreys (Interim Director Children's Services, WBC)
- Nick Campbell-White (Healthwatch Wokingham Borough)
- Nikki Luffingham (NHS England, Thames Valley Area Team) (currently substituted by Kevin Johnson)
- Superintendent Shaun Virtue (Community Safety Partnership)
- Clare Rebbeck (Voluntary, Community and Faith Sector) and (Place and Community Partnership)

The core functions of the Health and Wellbeing Board are:

- To prepare a Joint Strategic Needs Assessment, which gives an overview of the Borough's current and likely future health and wellbeing needs;
- Based on evidence detailed within the Joint Strategic Needs Assessment, produce a Joint Health and Wellbeing Strategy, which details how needs identified will be met;
- To create and publish a pharmaceutical needs assessment, an overview of local pharmaceutical needs, services and any gaps in provision;
- To encourage integrated working between commissioners of health services, Public Health and social care services, for the purposes of advancing the health and wellbeing of the people in its area;
- To consider how resources can be shared effectively between partners and where appropriate, to pool budgets;
- The local Clinical Commissioning Groups must involve the Health and Wellbeing Board in the preparation or revision of their commissioning plans.

Work Programme 2017-18:

The 2017-18 Annual Report highlights key areas of work undertaken by the Health and Wellbeing Board during the previous municipal year, which included the following:

Health and Wellbeing Strategy 2017-20:

The Health and Wellbeing Board has worked to update the Borough's Health and Wellbeing Strategy. Board members during 2017-18 previously discussed where the Health and Wellbeing Board could make the biggest impact and key health and wellbeing indicators.

A refreshed Health and Wellbeing Strategy for 2017-2020 was designed around four main priorities:

- Enabling and empowering resilient communities;
- Promoting and supporting good mental health;
- Reducing health inequalities in our Borough;
- Delivering person-centred integrated services.

During 2018/19 the Health and Wellbeing Board will continue to work with its partners to address health inequalities, targeting those in the community who are most vulnerable.

Better Care Fund (BCF):

The BCF is the national programme, through which local areas agree how to spend a local pooled budget in accordance with the programme's national requirements. The pooled budget is made up of CCG funding as well as local government grants, of which one is the Improved Better Care Fund (iBCF).

The iBCF was first announced in the 2015 Spending Review, and is paid as a direct grant to local government, with a condition that it is pooled into the local BCF plan. The iBCF grant allocations were first given in April 2017. In 2017/18 we received £169,000, which drops to £112,000 for 2018/19. Our iBCF funding was considerably less than other surrounding local authority areas e.g. Reading £1,600,000 and West Berks £700,000.

For 2017/18 NHS England (NHSE) and the Department for Communities and Local Government (DCLG) required Health and Wellbeing Boards to submit quarterly returns for the BCF and iBCF. Throughout the year the Health and Wellbeing Board noted how the Better Care Fund plan was progressing against nationally set conditions and local performance targets.

In April 2017 all local authority areas in England were asked to express their interest in being a first wave graduate from the BCF and Wokingham applied in May 2017. We received confirmation in June 2017 that we were one of seven areas shortlisted.

Shortlisted
Bexley
Greater Manchester
Lincolnshire
North East Lincolnshire
Nottinghamshire and Nottingham
Wokingham
Surrey

In September 2017 the Chairman of the Health and Wellbeing Board signed off the 2017/19 Better Care Fund Narrative Submission to NHSE and DCLG on the 11th September 2017 and we received confirmation on the 27th October that our plan has been approved by NHS England.

In January 2018 the Health and Wellbeing Board considered an evaluation matrix of the current Better Care Fund schemes which had been completed by the Wokingham Integration Strategic Partnership (WISP) (now Wokingham Integrated Partnership). WISP is one of the partnerships which helps to implement the work of the Health and Wellbeing Board. This evaluation would help to inform whether investments in projects continued and the best use of resources. It was important that projects demonstrated value and benefited residents.

It is planned that in June 2018 the Board members will be presented with the Better Care Fund Annual Report 2017/18 which will provide a high level overview of performance

against the budget of the Better Care Fund for 2017/18 in accordance with the Section 75 agreement.

Buckinghamshire, Oxfordshire and Berkshire West Sustainability and Transformation Plan (BOB STP):

Sustainability and Transformation Plans were introduced by NHS England to support the delivery of the Five Year Forward View. There are 44 'footprints' across the country, of which Buckinghamshire, Oxfordshire and Berkshire West (BOB) is one. BOB covers a population of approximately 1.8million and a place based budget of £2.5billion.

The Board received a number of updates on and commented on the likely approach, workstreams and proposed BOB STP finances. Board members felt that further clarification regarding governance arrangements and accountability in particular, was required.

Clinical Commissioning Group (CCG) Operational Plan 2017-19:

At its February 2017 meeting the Health and Wellbeing Board endorsed the NHS Wokingham Clinical Commissioning Group Operational Plan 2017-19.

The HWB Board previously discussed urgent care, A&E targets, and cancer waits. For 2017/18, key performance metrics in these areas were:

- ❖ 91% of patients waited less than four hours in A&E (from arrival to admission, transfer or discharge) against the national target of 95%. Performance was very challenged in the last quarter of 2017/18 due to the high numbers of very sick patients requiring admission. In March 2018 national performance was 85%. The Government's mandate to NHS England for 2018-19 stated that the NHS must "deliver aggregate A&E performance in England above 90% in September 2018, with the majority of trusts meeting 95% in March 2019". In order to meet these the A&E Delivery Board (partners include Royal Berkshire, CCG, LAs, Healthwatch and Berkshire HealthCare Foundation Trust) are actively working through NHS England and LGA High Impact Changes in order to continue to achieve performance.
- ❖ Delayed Transfers of Care for Wokingham in 2017/18 was 3,689 days. This compares to 3,751 days in 2016/17 and represents a 1.7% reduction on the prior year.
- ❖ 87% of people in Wokingham with urgent GP referral had their first definitive treatment for cancer within 62 days of referral, against a national target of 85%. In February 2018 national performance was 81%.

The Wokingham CCG Quality Premium Target was to increase the number of patients diagnosed with diabetes (diagnosed for less than a year) who attended a structured education course from 5.86% to 15%. We are awaiting final performance data on this measure and will provide it to the Board in due course.

The Wokingham CCG Operational Plan 2017-19 has been superseded by the 2018/19 Berkshire West CCG Plan. This sets out how the CCG will deliver the NHS Five Year Forward View, working as part of the BOB STP and driving the establishment of the Berkshire West Integrated Care System. The CCG will continue to build on strong partnership working with the three local authorities in Berkshire West to deliver the BW10 programme and maximise the impact of the Better Care Fund investment.

Health and Wellbeing Performance Dashboard:

The Health and Wellbeing Board received reports on the existing performance dashboard. Information regarding a variety of key indicators selected by the Board including Adult Obesity (those with a BMI over 30), Number of Patients per GP and Number of affordable dwellings completed, was considered at each meeting. The last time these indicators was reported to the Health and Wellbeing Board was April 2017

<http://wokingham.moderngov.co.uk/documents/g1973/Public%20reports%20pack%2006th-Apr-2017%2017.00%20Health%20and%20Wellbeing%20Board.pdf?T=10>.

To complement the development of the new Health and Wellbeing Strategy, a decision was taken to update the dashboard, to reflect the 4 new priorities and a list of 44 proposed Key Performance Indicators was presented to the Board in October 2017.

The latest updates of the Public Health Outcomes Framework are presented as new data is available (different indicators at each update). The good performance is not repeated here, just those of concern. The August update showed increases in hospital admissions for self-harm and falls. The October update showed that the 3 indicators around NHS Health Checks which had all deteriorated (action is being undertaken to address NHS Health Check performance in the Borough). The update presented in December 2017 identified three findings of concern:

- The crude rate of households that were classified as statutory homeless in temporary accommodation was increasing;
- The proportion of people living in fuel poverty was increasing;
- The proportion of population aged 65+ who are vaccinated against pneumococcus infection (PPV) was decreasing.

In April 2018 a new shortlist of 11 indicator areas were proposed and they have been taken away to develop further, as some were not actually indicators themselves but an assessment of progress based on a basket of indicators. A refreshed dashboard is being presented to the June 2018 meeting.

The majority of nationally collected indicators reflect good health and wellbeing across the Borough.

Berkshire Transforming Care Partnership:

The Partnership had a shared vision and commitment to support the implementation of the national service model to ensure that those with learning disabilities, behaviour that challenged and those with mental health difficulties and autism, received services to lead meaningful lives through tailored care plans and subsequent bespoke services to meet individual needs.

We have continued to reduce inappropriate hospitalisation of people with a learning disability, autism or both, so that the number in hospital reduces at a national aggregate level by 35% to 50% from March 2015 by March 2019. There are continuous efforts to move people out of long stay hospitals into appropriate community settings. The TCP Board has set a plan to reduce Berkshire East and West CCGs commissioned in-patient beds to 10-15 beds per million population by the end of 2018/19, this work continues to be

in progress. Working with the provider, Berkshire Health Care NHS Foundation and NHS England Specialist Commissioning Team the plan is on track to reduce CCG and NHS England commissioned bed capacity from 44 to 28 within the time line and working with the best of local experience, skills and knowledge a new service model has been created that incorporates Positive Behavioural Support and increased level of community based provision resulting in a reduction in beds.

We have continued to improve access to healthcare for people with a learning disability, so that the number of people receiving an annual health check from their GP is 64% higher than in 2016/17. The Programme Board is working in partnership with GP practices to ensure that reasonable adjustments are made to enhance access for annual health checks. GP practices are encouraged to ensure that the right coding is used to ensure that people have timely access to annual health checks. We are presently on track to meet this target.

We have made further investment in community teams to avoid hospitalisation. Berkshire West has developed an intensive support team, the remit of this team has been developed to ensure that people are supported in the community to manage risks and avoid hospital admissions. We are working closely with our provider to continue the development of this team.

We have ensured more children with a learning disability, autism or both get a community Care, Education and Treatment Review (CETR) to consider other options before they are admitted to hospital. We are continuing to work with our provider on this to ensure that the earliest intervention point is realised to gain better outcomes for our children. We are also working with NHS England on developing joint CETR for cohorts that are currently in tier 4 provision.

We continue to develop the work on tackling premature mortality by supporting the review of deaths of patients with learning disabilities, as outlined in the National Quality Board 2017 guidance. NHS Berkshire West CCGs have implemented the LeDer programme that oversees the review of all deaths and have appointed reviewers.

We also continue with the provision of Little House and are working with the providers to establish a selected co-hort of residents that will be able to make effective use of this scheme.

In addition to these Berkshire Transforming Care Plan has 4 key aims:

1. More care in the community, with personalised support provided by multi-disciplinary health and care teams
2. More innovative services to give people a range of care options, with personal budgets, so that care meets individuals needs
3. Early, more intensive support for those who need it, so that people can stay in the community, close to home
4. Inpatient care, but only as long as is needed and is necessary

To achieve those aims the TCP Board has established a programme and governance structure built around a number of work streams, with children and young people and those in transition being a core component of each.

There are seven work streams:-

1. Joint commissioning and integration – aligning financial processes, explore joint commissioning, jointly managing the market
2. Communication and engagement – stakeholder identification, creation of communications plan, effective communication and engagement
3. Workforce development and culture – cultural audit, workforce development programmes for staff, creating a cultural change programme
4. Children and young people – engaging services, developing new joint ways of working and person led plans
5. Autism – engaging with service users, including people in developments, enhancing support
6. Service reconfiguration – deliver intensive support team service, reducing reliance on bed based care, growing housing and support services, developing meaningful day accommodation and employment opportunities, enhance services to meet needs of children and young people in transition, further support for people with autism
7. Risk management – shared financial, quality, relational risk plan, mitigate risks through a programme management approach

These form our priority actions for 2018 – 2019.

CAMHS Transformation Plan - Implementing Future in Mind across Berkshire West CCGs and Wokingham Borough Council and Wokingham CCG Emotional Health and Wellbeing Strategy:

Children and young peoples' mental health and wellbeing continue to be a main priority. The Health and Wellbeing Board continued to be updated on the CAMHS Transformation Plan - Implementing Future in Mind across Berkshire West CCGs and the Wokingham Borough Council and Wokingham CCG Emotional Health and Wellbeing Strategy.

At its meeting in February 2018, the Health and Wellbeing Board was informed of continued action being taken to improve service delivery locally. Waiting times for specialist CAMHS in Wokingham are generally better than the national average and overall waiting times for services have reduced since 2015. However with the service now at full capacity unfortunately waiting times are likely to increase unless demand can be managed better at an earlier stage and additional resources can be secured. A number of important achievements locally to Wokingham were noted in improving children's emotional and mental health, including work with Schools, Voluntary Sector (ARC youth counselling) and a new urgent care team based at the hospital. Board members agreed that it was vital that children and young people emotional and mental health continue to be a priority.

Berkshire Suicide Prevention Strategy and Wokingham Suicide Prevention Action Plan:

The Berkshire Suicide Prevention Strategy was received and endorsed at the meeting in April 2017. The Health and Wellbeing Board supported the target of a 25% reduction rate in suicides locally by 2020 and the aspiration to go beyond this.

A Wokingham Borough specific Wokingham Suicide Prevention Action Plan contained within the Strategy was agreed.

Community Engagement:

- Community Engagement Team

During 2017/18, the Council's Community Engagement Team has focused on supporting residents in areas of deprivation to develop more self-sustaining lifestyles. This is done primarily by basing a community engagement worker within a facility in each area to act as a focal point and a catalyst for local activity.

Each worker identifies any specific needs or skills gaps within their area and in turn, identifies or delivers any initiatives/projects that may be beneficial. These include specific education/employment training, enabling positive and healthy activities, and supporting residents to come together to achieve a collective response to local community issues.

Whilst being primarily focused on specific geographical communities, the Community Engagement Team also support other types of communities within the borough. A good example of this would be the continuing support to the Council's BME Forum, which has delivered the successful Healthy Lifestyles Project and actively supports a range of events during Black History month.

- Sports & Leisure Service community engagement work:

- Attended community fun days organised by Tenant Services to help promote children's activities, SHINE over 60's and Walking for Health
- Attend school fairs to promote physical activity
- Delivered Sportivate in areas identified as deprived in WBC for 16 to 25 year olds
- Consultation on the designs of both Bulmershe and Carnival Pool developments
- Offer a number of free places for Tenant Services children for our WAK holiday camps
- Offer up free health checks at various large retailers in the WBC area i.e. ASDA
- Held 'street stalls' at large carnival events such as Wokingham, Woodley carnivals
- Trained 2 Localities officers to deliver on the Walking for Health programme in the key areas identified
- Provided talks for older people groups promoting physical activity
- Work closely with Key Partner Football clubs on developing and helping to build their clubs
- Annual Christmas events for SHINE members to discuss project and share successes

- Adult Safeguarding Prevention Service

Safer Places Scheme & Cards:

We continue to co-ordinate the scheme across the Borough with 39 shops/businesses signed up. Overall feedback of the scheme from residents is that the scheme gives them confidence to go out and about in the Borough and helps them to 'feel safe'. Shops and businesses feel that it is all part of their customer service & are happy to be members of the scheme. 22 people have a card with new requests coming in monthly, including from neighbouring boroughs.

Support with Confidence:

Currently there are 25 providers based within the Wokingham Borough ranging from Personal Assistants and micro enterprises, to home help and registered domiciliary care services. As a Prevention Service we provide Adult Safeguarding support, guidance and training to this joint Trading Standard and ASC scheme.

Wokingham Adult Safeguarding Partnership Forum (WASPF):

The forum meets on a quarterly basis and is an open one, i.e. its membership includes customers, carers, providers, professionals etc. Topics discussed in the meetings have included scams awareness and rogue traders, staying well in winter and a local bank manager came and spoke about what they are doing to prevent vulnerable residents from being victims of rogue traders, scams and fraud. All agendas and minutes are produced in an 'easier to read' format to reflect the needs of the membership & current legislation.

Work in the Community:

As well that already mentioned the Prevention Advisor is a member of a number of community forums, e.g. Wokingham Dementia Action Alliance (WDAA), Independent Advisory Group (IAG), Carers Strategic Group etc. representing and raising awareness of Adult Safeguarding. This service continues to host annual awareness raising events - National Personal Safety Day and Have a Safe Christmas with support from other teams and departments within the Council, i.e. Trading Standards, Community Safety Partnership, Community Wardens (now Locality officers) as well as other activities with support from Involve, Healthwatch, CLASP, The Link Visiting & Befriending Service and many others. The Prevention Advisor has supported 1 local Learning Disability provider to develop their awareness of Hate Crime with an action plan in place to support both the residents and staff.

Training:

The Prevention Advisor has facilitated Basic Awareness Training to community groups and people with a learning disability who are employed in social care work or organisations.

- Voluntary Sector engagement

In March 2017 the Council commenced a strategic review of the voluntary sector. The aim of this review was to measure and enhance the value of the sector, assist the sustainability of the voluntary sector services as well as to ensure that services were commissioned against a set of jointly development priorities and outcomes. The review has now concluded and we are currently working to put in place the recommendations that came out of the review programme.

As part of the review, the Council wanted to introduce measurable outcomes for each commissioned or grant funded voluntary sector service. In order to achieve this, the Commissioning team undertook a programme of focussed reviews of the current investments in the voluntary sector. Through this process WBC also wanted to increase the use of contracts rather than grants, which would allow WBC to offer longer term funding arrangements as well as set performance and outcome monitoring.

There were 35 services in scope for review and the annual value of these services was in excess of £2 million. The reviews were carried out by members of the People Commissioning Team, and looked at a number of areas such as service aims, outcomes, governance, monitoring and customer and stakeholder feedback. The reviews concluded

in early 2018 and we are in the process of enacting the recommendations from the review. This has meant that we are undertaking a lot of commissioning activity over the next 18 months, seeing our investment in the voluntary sector formalised and secured over longer periods of time, moving away from the instability of year on year annual grant funding.

The Voluntary sector within Wokingham offers a wide range of services for both adults and children. We commission a vast array of carers services, including a service specifically for our Young Carers. We have recently commissioned CLASP to deliver a self-advocacy service for people with a Learning Disability as well as take over the management of the Learning Disability Partnership Board. We are also currently tendering for generalist advice service which is currently delivered by Citizens Advice Wokingham as well an information and advice service for carers of people with a Learning Disability. Over the next 18 months we will also be recommissioning a family support service for parents who have children under 5 years old, our volunteer brokerage service and green 'n' tidy service and a number of other services delivered by the voluntary sector to our vulnerable adults and children.

Our voluntary sector services are vital in ensuring that we have a firm prevention offer and those that need support, get it at the earliest opportunity. The services delivered within the voluntary also reduce the pressure and demand on our front line services as often they support people within the community who may not meet the threshold for social services, yet would benefit from support. Voluntary organisations' in-depth knowledge of specific conditions or population groups, and close connections with service users, can be of great value to commissioners and we strive to continue to work closely with our voluntary sector partners in order to achieve the best outcomes for our residents.

Health and Wellbeing Board Member Training:

Leadership training specifically for Health and Wellbeing Chairman and Vice Chairman is being arranged to take place in 2018

Partnerships:

The work of the Health and Wellbeing Board is supported by the following partnerships:

- Business, Skills and Enterprise Partnership; (currently dormant)
- Children and Young People's Partnership;
- Community Safety Partnership;
- Place and Community Partnership;
- Wokingham Integrated Partnership.

The Health and Wellbeing Board received regular updates from the relevant Board members on the work of the Business, Skills and Enterprise Partnership, Community Safety Partnership, Place and Community Partnership, the Voluntary Sector and Healthwatch Wokingham Borough.

2018/19 Work Programme:

The Health and Wellbeing Board's work programme for 2018/19 will be an evolving document and will be developed over the next few months. The outcomes from the emerging Joint Strategic Needs Assessment will inform the priorities for the work of the Health and Wellbeing Board's work programme for 2018/19.

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